

Curated Itinerary

NANTUCKET, MASSACHUSETTS

DAY ONE

5:00pm: Guest Arrival

5:45pm: Meet & Greet

7:00pm: Dinner

DAY TWO

7:30am: Yoga

8:30am: Breakfast

9:45-12:00: CEUs

12:00: Lunch

4:15: Leave for Excursion

7:00: Dinner



DAY THREE

7:30am: Yoga

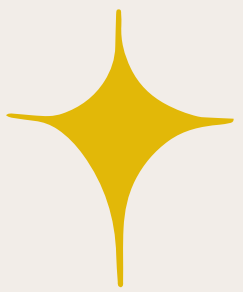
8:30am: Breakfast

9:15: First Group Leaves for Spa
Spa Day and Lunch in Nantucket

5:00pm: CEUs

6:00pm: Game Night!

7:00pm: Pictures/Dinner



DAY FOUR

7:30am: Deep Stretch + Meditation

8:30am: Breakfast

10:00am: Departure