

Scottsdale Seminar for Anesthesia

A Professional Development Seminar for Nurse
Anesthetists

22 Class A CEU Credits

Whats the Buzz with Botox

7 CEU CREDITS

8:00-9:00: NEUROMODULATOR PHARMACODYNAMICS
9:00-9:30: FACIAL ANATOMY AND INJECTION POINT MAPPING OF UPPER FACE
9:30-10:00: FACIAL ANATOMY AND INJECTION POINT MAPPING OF LOWER FACE
10:00-11:00 BUILDING YOUR BUSINESS: HOW TO GET STARTED IN AESTHETICS
11:0-12:00 PRACTICING WITHIN THE LEGAL RAMIFICATIONS OF YOUR LICENSE
12:00-1:00 COMPLICATIONS OF NEUROMODULATOR INJECTIONS
1:00-2:00: HOW NEUROMODULATORS AFFECT TRAIN OF FOUR MONITORING
2:00-3:00: MEDICAL APPLICATIONS FOR NEUROMODULATORS

Tiffany Bratina, CRNA

CRNA: Wearing all the Hats

5 CEU CREDITS

8:00-9:00: POSTPARTUM DEPRESSION: NEURODYNAMICS AND IMPLICATIONS
9:00-10:00: DIVERSITY IN THE WORKPLACE: CULTURAL INSENSITIVITY FROM THE
LENS OF A CRNA
10:00-11:00: COMBATTING THE STIGMA: THE UNSPOKEN FEUD BETWEEN MDA AND
CRNA
11:00-12:00 OPIOID FREE ANESTHESIA: THE RISE OF ERAS
12:00-1:00: SURGICAL EXPERIENCE THROUGH THE LENS OF A CHILD: GETTING BACK
TO BASICS

Tiffany Bratina, CRNA

Mindfulness Matters

5 CEU CREDITS

8:00-9:00: MORNING ROUTINES FOR SUCCESSFUL PEOPLE
9:00-10:00: WORKPLACE BURNOUT: CREATING BALANCE
10:00-11:00: YOU GOT THIS: A LESSON IN SELF LOVE
11:00-12:00: LET IT GO: ARE YOU HOLDING ONTO EXPERIENCES THAT TAX YOU
MENTALLY?
12:00-1:00: INPUT OVERLOAD: THE BENEFITS OF TAKING A SOCIAL MEDIA SIESTA

Lindsey Lane, CRNA

Finding a Cadence in Chaos

5 CEU CREDITS

8:00-9:00: ANXIETY: A METABOLIC CONDITION
9:00-10:00: NUTRITIONAL STRATEGIES TO EASE ANXIETY
10:00-11:00: COPING WITH STRESS IN THE WORKPLACE
11:00-12:00 RESTFUL SLEEP: WHY YOUR REM CYCLE MATTERS
12:00-1:00 MOVE YOUR BODY: ELEVATE YOUR MOOD

Lindsey Lane, CRNA

This program has been prior approved by the American
Association of Nurse Anesthesiology for 22.00 Class A CE
credits; Code Number 1041015; Expiration Date 06/05/2022

WSR RESERVES THE RIGHT TO SUBSTITUTE SPEAKERS AND TOPICS. IN THE UNLIKELY EVENT IT IS
NECESSARY TO CANCEL THE SEMINAR, WSR LIABILITY SHALL BE LIMITED TO A FULL TUITION
CREDIT TO ANY FUTURE RETREAT OF EQUAL VALUE. WSR WILL NOT BE RESPONSIBLE FOR ANY
OTHER LIABILITIES ASSOCIATED WITH THE EVENT INCLUDING AIRFARE, HOTEL, TRANSPORTATION,
EXCURSIONS, ETC. PERSONAL TRAVEL INSURANCE IS ADVISED.

**Virtual Option Available
Contact
wholesoulretreats@gmail.com**